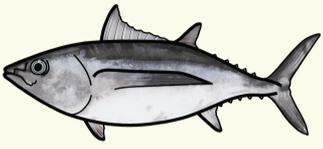


TUNA (THUNNUS)

A TINNED FISH GUIDE

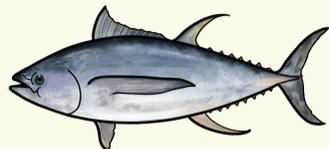
COMMON TYPES

Bonito del Norte



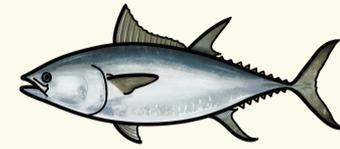
Albacore
Thunnus alalunga
Max Length: 4 ft 7 in
Max Weight: 88 lb

Atun Claro



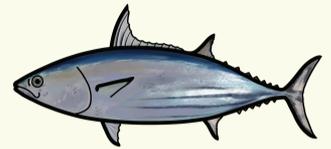
Yellowfin
Thunnus albacares
Max Length: 7 ft 10 in
Max Weight: 445 lb

Atun Rojo



Atlantic Bluefin
Thunnus thynnus
Max Length: 15 ft
Max Weight: 2010 lb

Atun Listado



Skipjack
Katsuwonus pelamis
Max Length: 3 ft 7 in
Max Weight: 76 lb



Bonito (Not Tuna)
Atlantic Bonito
Sarda sarda
Max Length: 3 ft
Max Weight: 18.25 lb



Ventresca

(Not a fish)
Ventresca is a cut from the belly of the tuna. Think Toro vs. Maguro sushi. Toro is fatter and delish! Ventresca is the Toro.

REASONS FOR CONFUSION

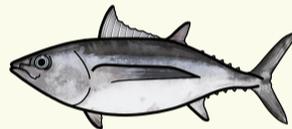
Tuna vs. Bonito



HISTORY

Bonito (*Sarda sarda*) is a smaller fish found in the Mediterranean. When a similar looking but much larger fish *Thunnus alalunga* was discovered in more northern waters, it was named Bonito del Norte, or Bonito “of the North.”

Bonito del Norte



4 FT 7 IN

Bonito



3 FT

Bonito del Norte weighs in at a whopping 88 lbs whereas Bonito's maximum weight is 18.25 lbs.

CONFUSION?

While “Bonito del Norte” and “Bonito” are often used interchangeably, they are entirely distinct species. Bonito is more closely related to mackerel than tuna.



QUALITY

In the wine world, where the grape is grown is indicative of quality. Similarly, the best tuna is caught in the Cantabrian Sea. Only Albacore *Thunnus alalunga* caught in these waters should be called “Bonito del Norte.”

PRESERVING INTEGRITY

Because the term “Bonito del Norte” comes with notoriety and inherent quality, inaccurate claims to it are often made...

...even when the fish is not from the Cantabrian Sea.

...even when it is an entirely wrong species! Bonito and Skipjack often referred to even by fisherman as Bonito del Norte.

Some of this confusion is inadvertent and some is not. Caputo's asks all our suppliers the hard questions so you don't have to!



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